

# 2009

## Dunn Baby Club Class Schedule

Advanced childbirth preparation classes at Dunn Memorial's BirthPlace will help you prepare for your new arrival.

### **Prenatal Class** - 6:30 pm – 8:30 pm

- February 3, 10, 17, 24, March 3
- April 7, 14, 21, 28, May 5
- June 2, 9, 16, 23, 30
- August 4, 11, 18, 25, September 4
- October 6, 13, 20, 27, November 3

**Childbirth Prep-Basket:** For mothers on bedrest or otherwise unable to attend class. Call 812.276.1285 to order.

### **Refresh Me Course** - 6:30 pm – 8:30 pm

- February 10 • April 14 • June 9 • August 11 • October 13

### **Babycare & Feeding Options** - 6:30 pm – 8:30 pm

- February 24 • April 28 • June 23 • August 25 • October 27

### **Breastfeeding Class** - 6:30 pm – 7:30 pm

- March 3 • May 5 • June 30 • Sept 4 • Nov 3

### **Saturday Prenatal Class** - 9am- 3pm

- January 17 • March 14 • May 9 • July 11 • Sept 12 • Nov 14 • Dec 5

### **Big Brother Big Sister** - 11am 30-45min

- May 16 • August 22 • Nov 21

### **Mommy & Me** (Breastfeeding support class) - 11am every 3rd Thursday of the month

- Jan 15 • Feb 19 • March 19 • April 16 • May 21 • June 18  
July 16 • Aug 20 • Sept 17 • Oct 15 • Nov 19 • Dec 17

### **Permanent Fit Station** - 1st and 3rd Wed of every month

- Call 812.276.1285 for your appointment.

\* Families delivering at the BirthPlace may attend all classes, including Breastfeeding for a one-time fee of \$35.

\*\* Families not delivering at Dunn Memorial may attend all classes, including Breastfeeding for a one-time fee of \$50.

Registration is required for all classes.  
Appointments are necessary for fitting station.  
You may sign-up by calling 276-1285 or go online to  
the BirthPlace - class registration at [dunnmemorial.org](http://dunnmemorial.org)



*The*  
**BirthPlace**  
AT DUNN MEMORIAL HOSPITAL  
1600 23rd, Bedford, IN 47421  
**812.276.1285**